

First Aid

It is the farmer's responsibility to provide and maintain the first aid supplies, services and first aid attendants at their workplace as required by the First Aid Regulations.

Training

If an employee is required to take first aid training, the employer is responsible for paying the course fee and the wages of the employee for the duration of the training. Farmers are eligible for a discount on St. John Ambulance first aid training through Farm Safety Nova Scotia. The recertification period for this first aid certificate is every three (3) years.

# of Employees at a Worksite	Required First Aid Training
1 – 19	at least one employee must have Emergency First Aid training
Exception: <i>If a worksite with fewer than 20 employees is more than 30 minutes from an emergency care facility, at least one person shall have Standard First Aid training or at least 30% of the employees must have Emergency First Aid training.</i>	
20 – 99	at least one employee must have Standard First Aid training
100 or more	at least one employee must have Advanced First Aid training.
<i>Anyone working alone must have Emergency First Aid training.</i>	

There are many situations on a farm that require people to work alone. It is important to consider all circumstances that involve anyone working alone when determining training requirements (e.g. field work, milking or feeding).

Supplies & Services

It is important for all first aid supplies and services to be available during all work hours and located at the worksite. Where reasonably practical, the location of first aid supplies and names of the first aid attendants should be posted throughout the worksite.

First aid supplies must be:

- Kept clean and dry
- Checked regularly for expiration
- Maintained to meet regulatory requirements
- Visible and accessible

*NOTE: Farmers should have **#1 First Aid Kits** in farm vehicles and tractors that transport only the driver. Depending on employee number, the larger first aid kits should be located in a common location on the farm (e.g. lunchroom, barn office) where employees have access.*

The **type of first aid kit** required depends on the number of regularly-employed employees at a **worksite** (e.g. field).

# of Employees at a Worksite	Type of Kit Required
1	First Aid Kit # 1
20 – 19	First Aid Kit # 2
20 – 49	First Aid Kit #3
50 – 99	First Aid Kit #3 + increased supply of dressings, bandages and antiseptics
100 or more	First Aid Room
<i>Each farm vehicle must carry a First Aid Kit #1 when used off the farm.</i>	

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Remote Location Plans

Any worksite that is 30 minutes from an emergency care facility is considered to be a remote location. Unless the worksite meets the requirements listed below, a written first aid remote location plan is required.

A plan is not required in these conditions:

- No employee spends more than 10% of their time in a 4-week period at the remote location (i.e. no more than 3 of 28 days); **OR**
- Where employees spend between 10–25% of their time, over a 4-week period (i.e. between 3 and 7 days) at that remote location, a written plan is not required if an employer can ensure:
 - An injured person can be transported to an emergency care facility within a reasonable amount of time
 - Means of transportation
 - Means of communication
 - First aid facilities available
 - An appropriate number of first aid attendants are there
 - The risks or hazards and likelihood of injury are minimal

Plan Requirements:

- Specifies a plan for meeting the minimum first aid requirements with regard to supplies and attendants.
- Specifies:
 - Method of transportation of injured employees
 - Means of communication
 - Number of first aid attendants required and qualifications
 - A list of supplies to be included at each worksite
- A first aid remote location plan must reflect the nature of the work being performed, and be complied with by all persons at the worksite.

Note: If a worksite with fewer than 20 employees is at a remote location, at least one person shall have **Standard First Aid** training or at least 30% of the employees must have **Emergency First Aid** training. For more than 20 employees, follow the requirements on page 1 of this fact sheet.

Maintenance of Records

When first aid is administered to an injured person at a worksite, the employer is required to maintain a record for five (5) years after the date of the injury.

The record shall include:

- Name of the injured person
- Date and time of injury
- Location and nature of injury on the body
- Time first aid was administered
- First aid treatment provided
- Name of first aid attendant
- Name of the person to whom the injury was reported (e.g. supervisor or employer)

DISCLAIMER:

This fact sheet is a general overview for information purposes only. Farmers must reference legislation to ensure compliance.